



ZNS NIST SHIKSHA ACADEMY

# ZNS NIST SHIKSHA ACADEMY PVT. LTD.

**HEAD OFFICE:**

40, A/D, First Floor, Near Green Field School,  
Gandhi Nagar, Jammu - 180004 | (M): 9596606499

**BRANCH OFFICE:**

Sidco Chowk, Axis Bank Building,  
Bari Brahmana, Samba - 181133 | (M) : 7051106499

**BRANCH OFFICE:**

2nd Floor, Near Nand Palace,  
Udhampur, 182101 | (M) : 9596969411

Contact Details: nistbb786@gmail.com



# ZNS NIST SHIKSHA ACADEMY PVT. LTD

- LEARN BASIC TO ADVANCE PROFESSIONAL COURSES**
- HAND ON PRACTICE
  - CERTIFIED COURSES
  - INDUSTRY PORTFOLIO
  - PLATFORM TO SHOWCASE TALENT
  - FLEXIBLE TIMINGS
  - MONTHLY FEE OPTIONS

## DIPLOMA IN COSMOTOLOGY

Duration - 1 Year

### • HAIR STYLING

Crown Management, Thermal Setting, Party Hair Do's, Bridal Hair Do's, Braids- According To Trend.

• **ADVANCE HAIR STYLING-** Spreading, Teasing, Layering, Bow Etc.

### • SKIN

Skin And Product Knowledge, Skin Therapies- Cleanup, Facial, Manicure & Pedicure & Hydra Facial With Pressure Points Skin Treatments.

### • MAKE UP

Knowledge Of Makeup, Types Of Makeup, Types Of Face Complexion, Face Shapes, Undertone, Skin Knowledge.

Vanity Formation, Different Techniques Of Makeup, Knowledge Of Colour Wheel, Tools Sanitization, Tips & Tricks Of Makeup.

### • PRACTICALS

All Types Of Occasions.

### • HAIR DRESSING

Hair Cuts (According To The Trend), Blow Dryer, Inturn, Outturn, Straight & C-Curls.

Hair Treatments- Keratin, Kerasmooth

Hair Therapy- Oil Treatment, SPA & Deep Conditioning.

Hair Chemical- Hair Smoothing, Hair Rebonding, Highlights, Global, Roots Touch Up, Balayage, Ombre



## NAIL EXTENSIONS

Nail Theory & Product Knowledge.

Nail Anatomy & Nail Shapes.

Dry Manicure & Tips Knowledge.

Extension: Gel, Temporary, Encapsulated.

Use Of E-Filer Or Drill Machine.

French Art (6 Types), Animal Art (3 Types), Marble Art (2 Types), Bubble Art, Sweater Art, Chrome Art, Butterfly Art & Spider Gel Art, Foil Application & Many More.



2

## CERTIFICATE IN CUTTING TAILORING

Duration - 6 Month

- GMT
- PMT- Basic Set, Kurti, Palazzo, Salwar, Blouse, Circular Skirt.
- Embroidery Stich.



## CERTIFICATE IN FASHION STYLIST

Duration - 20 Days

- Styling Techniques.
- Fashion Trends.
- Working With Clients.
- Draping & Mannequin Styling.
- Textiles & Fabrics.
- Fashion Designers & Brands.



Duration - 10 Days

## CERTIFICATE IN SELF GROOMING

Personal Hygiene & Grooming Basics.

Dress up & Appearance.

Communication Skills.

Looks- Party Makeup & Formal Makeup.

Hairstyle- Straightening & Basic Curls.

Duration - 20 Days

## CERTIFICATE IN PROSTHETIC MAKEUP

- Sculpting Techniques.
- Special Effects Makeup
- Wounds & Injuries
- Creature Designs
- Cinematic Makeup.
- Backstage Makeup.



## DIPLOMA IN SALON MANAGEMENT

Duration - 1 Year

- **HAIR STYLING**  
Crown Management, Thermal Setting, Party Hair Do's, Bridal Hair Do's, Braids- According To The Trend.  
Advance Hair Styling- Spreading, Teasing, Layering, Bow Etc.
- **SKIN**  
Skin And Product Knowledge, Skin Therapies- Cleanup, Facial, Manicure & Pedicure & Hydra Facial With Pressure Points.
- **MAKE UP**  
Knowledge Of Makeup, Types Of Makeup, Types Of Face Complexion, Face Shapes, Undertone, Skin Knowledge.  
Vanity Formation, Different Techniques Of Makeup, Knowledge Of Colour Wheel, Tools Sanitization, Tips & Tricks Of Makeup.
- **PRATICALS**  
All Types Of Occasions
- **HAIR DRESSING**  
Hair Cuts (According To The Trend), Blow Dryer, Inturn, Outturn, Straight & Curls.  
Hair Treatments- Keratin, Kerasmooth  
Hair Therapy- Oil Treatment, SPA & Deep Conditioning.  
Hair Chemical- Hair Smoothing, Hair Rebonding, Highlights, Global, Roots Touch Up, Balayage, Ombre



## CERTIFICATE IN BEAUTICIAN

Duration - 6 Months

- **Hair Styling**  
Crown Management, Thermal Setting, Party Hair Do's, Bridal Hair Do's, Braids- According To The Trend.  
Advance Hair Styling
- **Skin**  
Skin And Product Knowledge, Skin Therapies- Cleanup, Facial, Manicure & Pedicure & Hydra Facial With Pressure Points.
- **MAKE UP**  
Knowledge Of Makeup, Types Of Makeup, Types Of Face Complexion, Face Shapes, Undertone, Skin Knowledge.  
Vanity Formation, Different Techniques Of Makeup, Knowledge Of Colour Wheel, Tools Sanitization, Tips & Tricks Of Makeup.
- **PRATICALS**  
All Types Of Occasions

3

## CERTIFICATE IN HAIR EXTENSIONS

Duration - 10 Days

- Theory- Nano, Micro, Hair Analysis.
- Practical- Microbeads Extension & Removal (Precautions).

## DIPLOMA IN FASHION DESIGNING

Duration - 1 Year

Fashion Terminology, Introduction Of Measurements, Techniques Of Basic Knowledge Of Drawing, Variation Of Collars, Necklines, Sleeves, Pockets Etc.

- **ILLUSTRATION**- Colour Wheel, Fabric Rendering, Theme Based, Projects, Hand Embroidery, Tie & Die Techniques, Pattern Making, Fabric Paint, Block Printing, Swatch File.

### MASTER CLASSES

- **GARMENT CONSTRUCTION**- Skirt (Diff.), Shirt, Kurtis, Saree Blouse, Suit, Gown, Lehenga & Western Dresses.
- Opportunity To Showcase Creativity Through Fashion Show & Portfolio

## MASTER DIPLOMA IN FASHION DESIGNING

Duration - 2 Year

Draping Dresses, Presentation Skills Dress Without Waistline Seams, Strapless Foundation, Jewellery Designing, Footwear Designing, Embroidery (Kashida, Phulkari, Chikankari, Kantha, Applique Work).

Internship Included

Visual Merchandising Theory & Project Body Shapes, Illustration.

**Garment Construction**- Women Coat, Jackets, Hoodies, Draping ( Different Styles), Men Wear, Kurta, Pheran, Trouser, Co-ardset etc.

## CERTIFICATE IN HAND EMBROIDERY

Duration - 1 Month

- **Stitches**- Whipped Stitch, Feather Stitch, Moti/ Pearl Stitch, Brillion Knot, Lazy Desy Stitch, Chain Stitch.
- **Works**- Woven Rose, Spider Web, Mirror Work, Sequin Work, Dabka Nakshi Work, Gotta Patti Work, Cut Dana Work, Kashmiri Kashida Work, Chikankari Work.
- **Article**- Bridal Dupatta's & Hoop Art.



## CERTIFICATE IN MAKEUP

Duration - 3 Months

Level- II

Knowledge Of Makeup, Types Of Makeup: Manual Makeup, HD, HD PRO, Airbrush, Makeup, Different Types Of Face Complexion, Face Shapes, Undertones.

Skin Knowledge, Vanity Formation & Tools Sanitization.

Colour Wheels- Outfit, Jewellery, Colour Combination, Steps Of Makeup With Details, Tips & Tricks Of Makeup, Social Media Management.



## CERTIFICATE IN HAIR STYLING

Duration - 2 Months

**THEORY-** Hair Preparation, Product Of Knowledge, Techniques Of Hairstyling.

**Hair Styling-** Thermal, Party, Bridal & Reception Hair Styles, & Also Includes Trending Ones.

**Advance-** Pining Technique, Vintage Waves, Spreading, Variation Of Lines.

## CERTIFICATE IN SKIN TREATMENTS

Duration - 45 Days

**Theory-** Basic Knowledge Of Skin, Function/Types Of Skin, Skin Disorders, PH Range, Products Knowledge, Skin Analysis.

**PRATICAL-** Waxing, Different Types Of Bleach, Cleanup, Facials, Hydra Facial, Threading, Manicure & Pedicure, Steaming, Pressure Points.

**TECHNIQUES TO ATTRACT CLIENTS-** Client Consultation, Skin Home Remedies, Beauty Diet Plans.

## CERTIFICATE IN TRICHOLOGY

Duration - 4.5 Months

Level- I

**BASICS OF HAIR-** Complete Knowledge Of Hair, Hair Structure, Types, Stages, Techniques & Tools Analysis, Client Consultation.

**HAIR CUTS-** Basics Of Hair Cut's, Types Of Sectioning, Degree's, Cutting Techniques, Style Cut's According To The Trends.

**HAIR THERMAL-** Complete Knowledge Of Thermal Tools. Thermal Tools According To The Procedure's Dryer & Ironing Techniques & Degree's/ Angles.

**TREATMENT SESSION-** Hair Analysis, Deep Conditioning, Oil Treatments, Hair Spa, Keratin.

**CHEMICAL SESSION-** Complete Knowledge Of Chemicals, Different Brand's, Rebonding, Smoothing.



**ADVANCE CHEMICALS & TREATMENTS-** Complete Knowledge Of The Process, Knowledge Of Different Brands, BOTOPLEX- FRIZZ FREE TREATMENT, NANO-PLASTIA TREATMENTS

**COLOURING SESSION-** ICC Theory & Chart's, Coloring Techniques, Base Colour, Fashion Shades, Global, Ombre, Balayage, Chunks's.

## CERTIFICATE IN HAIR DRESSING

Duration - 3 Months

**BASICS OF HAIR-** Face Shapes, Types Of Hair, Degree Section, Position Technique, Tools.

**Hair cuts-** 10 Above Hair Cuts E.G.: Simple Layers, Multi Layers & Steps 180 Blow Dryer Techniques, Straight, Inturn, Out Turn, C- Curls. & According To The Trend.

**Hair coloring-** Base Colour, Fashion Colour Like Global Colour, Highlighting, Chunks, Ombra, Balayage.

**Hair treatment/ chemical-** Deep Conditioning, Oil Treatments, Hair Spa, Hair Smoothing, Rebonding, Keratin.

## CERTIFICATE IN NAIL EXTENSIONS

Duration - 20 Days

- Nail Theory & Product Knowledge.
- Tips Knowledge.
- Dry Manicure & Russian Manicure.
- Extension- Gel, Temporary, Encapsulated, Acrylic.
- Use Of E- Filer Or Drill Machine.
- French Art (6 Types), Animal Art (3 Types), Marble Art (2 Types).
- Bubble Art, Sweater Art, Chrome Art, Butterfly Art & Spider Gel Art, Foil Application & According To The Trend.



## MASTER COURSE IN NAIL TECHNICIAN

Duration - 45 Days

- Introduction To Nail Artistry (Theory).
- Basics of Professional Manicure.
- Introduction to Acrylic & Gel Extension.
- Revise French Extension.
- Nail Lifting & Bridal Nails.
- Arts ( Mosaic, Airbrush, Photo Nail, Shell Art, Sugar Glitter, Blossam Nail Art, Transfer Foil)

